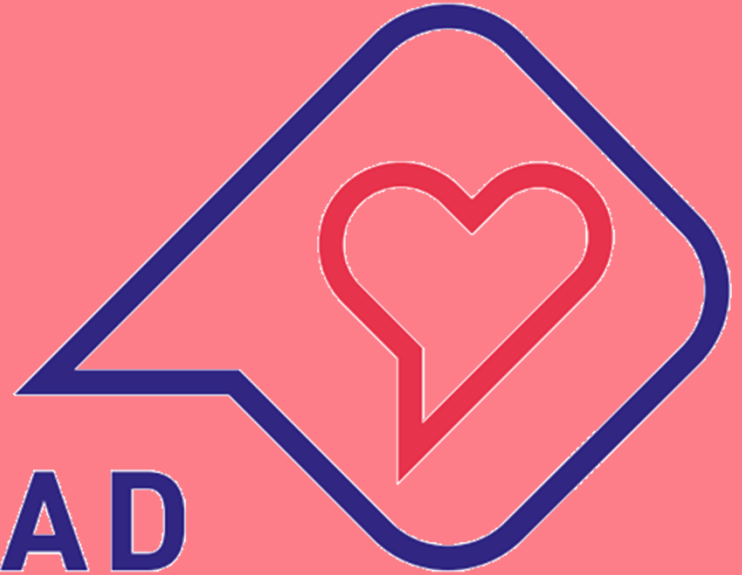


NURSES



A VOICE TO LEAD

HEALTH IS A HUMAN RIGHT
ACCESS, INVESTMENT AND
ECONOMIC GROWTH



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HRVATSKI NACIONALNI SAVEZ SESTRINSTVA*





REPUBLIKA HRVATSKA
Ministarstvo
zdravstva



GRAD
ZAGREB

**Pod pokroviteljstvom predsjednice Republike Hrvatske, Ministarstva
zdravstva Republike Hrvatske i Grada Zagreba**

OUTCOMES AND PROCESSES

CULTURALLY APPROPRIATE

PROGRESSIVE REALISATION

EQUITY, EQUALITY AND
NON-DISCRIMINATION

DETERMINANTS OF HEALTH

QUALITY

CONTINUUM OF CARE

INTERNATIONAL
COOPERATION

MONITORING AND
ACCOUNTABILITY

COORDINATION

STRIKING BALANCES

LEGAL OBLIGATIONS

• "Zdravlje je stanje potpunog tjelesnog, duševnog i socijalnog blagostanja, a ne samo odsustvo bolesti i iznemoglosti."

• 1948. UN - "Deklaracija o ljudskim pravima"

- Postavljen je zajednički standard za sve ljude i sve nacije
- Jednako primjenjiva na sve ljude gdje god se nalazili

ZDRAVLJE JE TEMELJNO LJUDSKO PRAVO

- Nedostatak dostupne i pristupačne zdravstvene skrbi postoji diljem svijeta

• Medicinske sestre imaju vrlo važnu ulogu u ostvarivanju prava na zdravlje.

- Svi ljudi imaju pravo na dostupnu i kvalitetnu zdravstvenu skrb kada im je potrebna
- Pravo na zdravlje vrijedi i za medicinske sestre
- Sigurna i pozitivna radna okolina, sustav nagrađivanja, pristup resursima, informacijama te edukacija utječu na poboljšanje kvalitete i sigurnosti za pacijenta
- "Investment in nursing leads to economic development, improving conditions in which people live leads to cohesive society and productive economies."
- Uvjeti u kojima je pojedinac rođen, odrasta, živi i radi imaju prevladavajući učinak na razvoj bolesti i prijevremenu smrt
- Liječenje se usredotočava samo na patološku komponentu stanja čovjeka s posljedičnom štetom na njegovu dobrobit u smislu šireg utjecaja na područja njegova osobnog, društvenog, političkog i ekonomskog života
- Usmjeravanje na holistički pristup i pacijentu orijentiranu skrb
- Zdravstveni sustav je esencijalni element zdravog i pravednog društva
- Višestruki utjecaj zdravlja na normalno funkcioniranje pojedina i zajednice
- Pravo na zdravlje mora i treba biti korišteno kao konstruktivni alat za zdravstveni sustav da osigura najbolju skrb za pojedinca i zajednicu
- S aspekta ljudskih prava, pravo na zdravlje podrazumijeva da svaki pojedinac, bez obzira gdje živi ima pravo na zdravstvenu skrb sukladno svojim zdravstvenim potrebama
- Dobrobit pojedinca i zajednice u centru je zdravstvenog sustava



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HOLISTIČKI I PACIJENTU USMJEREN PRISTUP

- Ljudski organizam nije mehanizam složen od dijelova koji djeluju zasebno, već cjelina koja funkcionira po principu uvjetovanosti uzajamnog i skladnog suživota.
 - (Čim zataji jedan dio, ugrožena je čitava cjelina.)
- Holistički, cjeloviti pristup ljudskom zdravlju jest filozofija koja uzima u obzir cjelinu, a ne samo pojedine djelove.
 - Ne liječi se samo bolest ili određeni oboljeli organ, već osoba - imajući u vidu cjelovitost, odnosno nedjeljivost njenog psihičkog i fizičkog tijela.
 - Temelj holističkog pristupa zdravlju jest da je pacijent aktivni i ravnopravni sudionik u procesu liječenja i kao takav snosi dio odgovornosti za ishod liječenja.

PACIJENT JE CJELINA TIJELA, UMA I DUHA



The treatment of a disease may be entirely impersonal; the care of a patient must be completely personal.”
–Francis W. Peabody⁵



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LEGAL OBLIGATIONS

- Ne postoji druga profesija koja više prati potrebe ljudi u njihovim najranjivijim periodima od sestrinstva
- Medicinske sestre provode najviše vremena s pacijentima i njihovim obiteljima te imaju saznanja iz prve ruke koja mogu imati utjecaj na zdravlje i dobrobit pacijenta
- "SVAKA PRIČA IMA POTENCIJAL POBOLJŠATI ZDRAVSTVENI SUSTAV I OMOGUĆITI POJEDINCU I ZAJEDNICI POSTIĆI NAJVIŠI DOSTUPNI STANDARD ZDRAVSTVENE ZAŠTITE I SKRBI."

— Iz tih saznanja dolazi moć za promjenu

- Pristup zdravstvenoj zaštiti ključna je odrednica koliko zdravstveni sustav zadovoljava zdravstvene potrebe pojedinca i zajednice
- **PRISTUP = prilika za postizanjem i dobivanjem odgovarajuće zdravstvene usluge u situacijama opažene potrebe za skrbi**

Svjesnost i
identificiranje
nezadovoljenih
potreba

Upoznavanje s
različitim
potrebama

Laka dostupnost
servisa i usluga

Financijska
dostupnost skrbi

Sigurna i kvalitetna
skrb

Pravovremenost
pristupa

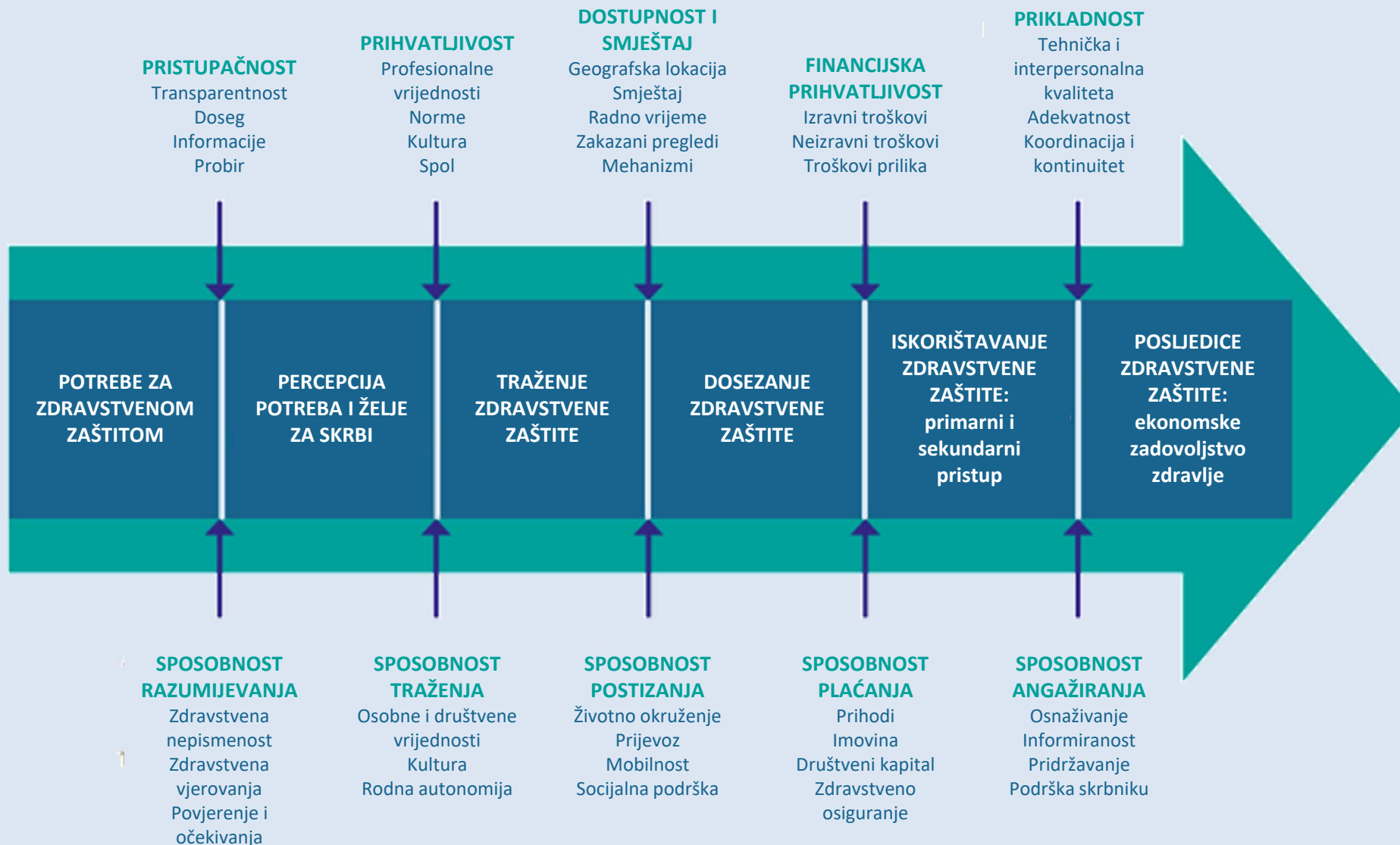
People-centred
care



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If we do not engage consumers, patients, and family members in health care process, we will not be effective at eliminating inequalities and improving health for all."

—Kalahn Talyor-Clark¹⁴



Konceptualni okvir pristupa zdravstvenoj zaštiti
Dimenzije i determinante pristupa zdravstvenoj zaštiti
PRISTUP SE RAZMATRA KAO REZULTAT ISKUSTAVA I OTPORNOSTI S KOJIMA SE SUOČAVAJU POJEDINCI

Svjetske činjenice

Economic growth without investment in human development is unsustainable—and unethical”

—Amartya Sen”



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33% of respondents in the USA, REPORTED COST-RELATED PROBLEMS to medical care.



15% of respondents in Canada had OUT-OF-POCKET EXPENSES MORE THAN US\$1,000 in the past year.



23% of respondent in France HAD SERIOUS PROBLEMS PAYING or were unable to pay for their medical bills.

EACH YEAR:



100 MILLION PEOPLE GLOBALLY are pushed below the poverty line as a result of health care expenditure.⁷



In some countries, 2% of the population SPEND MORE THAN 40% OF THEIR NON-FOOD HOUSEHOLD EXPENDITURE on health care.³⁹



150 MILLION PEOPLE SUFFER FINANCIAL CATASTROPHE because of out of pocket expenditure.⁷



Typically 20-40% of health SPENDING IS WASTED.⁴⁰

IN A STUDY CONDUCTED IN 2016:⁴¹



56% of respondents in France WERE ABLE TO SEE A DOCTOR OR NURSE on the same or next day, last time they needed medical care.



50% of respondents in Canada visiting an emergency room WAITED MORE THAN TWO HOURS FOR CARE.



64% of respondents in Germany requiring medical care FOUND IT DIFFICULT TO OBTAIN AFTER HOURS CARE.

IN A STUDY OF HEALTH SYSTEM PERFORMANCE:⁷¹



50% of respondents in Sweden stated that their specialists told them about TREATMENT CHOICES AND INVOLVED THEM IN DECISIONS ABOUT THEIR CARE.



5% of respondents in France HAD A WRITTEN PLAN DESCRIBING TREATMENT THEY WANT AT THE END OF LIFE (adults aged >65 years).

- Otežano shvaćanje nerazdvojne prirode zdravlja kao ljudskog prava sa zdravljem kao okosnicom gospodarstva i ekonomije
- NEMA ZDRAVLJA, NEMA RADA, NEMA PRIHODA
- Ulaganje u zdravlje spašava živote i prevenira bolesti
- Loše zdravlje narušava produktivnost, sprječava izgleda za posao i nepovoljno utječe na ljudski razvoj
- Ulaganje u zdravlje smanjuje trajne nejednakosti u pristupu i poboljšava ili održava gospodarsku učinkovitost

DOSTUPNA ZDRAVSTVENA ZAŠTITA

- Omogućavanje jednakopravnog pristupa zdravstvenom sustavu
- Brze socijalne i okolišne promjene; nezdravi stil života
- Porast populacije starije od 60 god. u odnosu na populaciju mlađu od 5 god.
- Sve veća zastupljenost kroničnih nezaraznih bolesti; vodeći uzrok smrtnosti
- Migracije u urbane sredine

Universal healthcare coverage (UHC) nosi benefite

- Ulaganje u sestrinsku profesiju
- Svi ljudi su "pokriveni"
- Nema prepreka u pristupu servisu
- Zdravstveni sustav je opsežan
- Svi su zaštićeni od financijskih tegoba
- Zdravstveni sustav je fleksibilan, inovativan
- Potrebno vodstvo i doprinosi medicinskih sestara
- Uključivanje medicinskih sestara u više razine vladajućih struktura



In September 2015, **193 COUNTRIES** FORMALLY ENDORSED A NEW BLUEPRINT FOR THE WORLD THAT WE WANT—this included UHC—the right to health without financial hardship.⁷



UHC IS CRITICAL BECAUSE **1 BILLION PEOPLE** lack access to basic healthcare.^[35]



AT LEAST **400 MILLION PEOPLE** GLOBALLY lack access to one or more essential health services.^[35]



On average, about **32%** of each country's health expenditure comes from OUT-OF-POCKET PAYMENTS.^[35]



HEALTH IMPROVEMENTS drove a quarter of full income growth in developing countries between 2000 and 2011.^[35]



EACH YEAR **100 MILLION PEOPLE** FALL INTO POVERTY paying for essential services.⁷



40% OF THE WORLD'S POPULATION lack social protection.⁸



A MINIMUM OF **US\$44** IS NEEDED PER PERSON PER YEAR to provide basic, life-saving health services: 26 WHO Member States spent less than this in 2011.⁸

⁷Gallup International Millennium Survey, www.gallup-international.com/. At the turn of the millennium, 50,000 people in 60 countries were asked to rate "the most important things in life." "Good health" topped the list for 44% of the respondents, followed by "happy family life" (38%), "employment" (27%), and "live in a country without war" (17%).

Potrebni faktori za ostvarivanje dostupne zdravstvene zaštite

ADDRESSES THE DETERMINANTS OF HEALTH



Undertakes actions related to determinants of health (e.g. education, living conditions, etc.)

AFFORDABLE



A system that ensures that people do not suffer financial hardship when using health services.

AVAILABLE



Availability of essential medicines and technologies to diagnose and treat medical problems.

COMPETENT WORKFORCE



Sufficient capacity of well trained motivated workforce to provide care to meet patients needs based on best available evidence.

EFFECTIVE AND EFFICIENT HEALTH SYSTEM



Meets the health needs through people-centred integrated care across the entire continuum of care.

CLARIFYING UNIVERSAL HEALTH COVERAGE⁸²



Universal Health Coverage means people having access to quality health care without suffering financial hardship.



It is not just about ensuring a minimum package of health services, but a progressive expansion of health care and financial protection.



It includes health services across the entire continuum of care including promotion, prevention, treatment, rehabilitation and palliative care.



It includes both individual treatment and population based services.

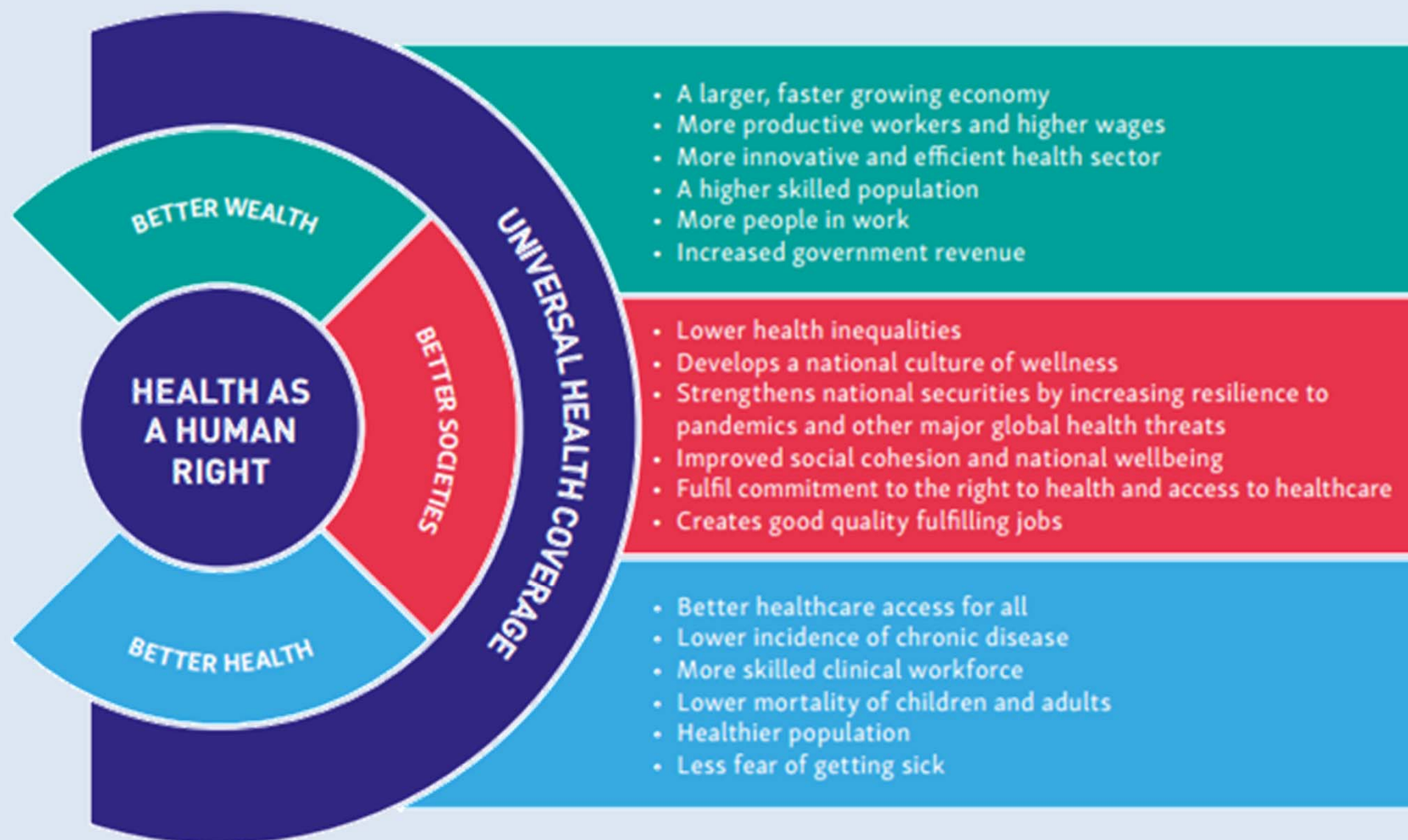


It does not mean free coverage for all possible health interventions regardless of cost.



Universal Health Coverage includes addressing the determinants of health by improving equity, social inclusion and cohesion.

Benefiti dostupne zdravstvene zaštite



Dobivene prednosti i benefiti uključivanjem medicinskih sestara u leadership pozicije



Medicinske sestre su neophodne u transformaciji zdravstvene skrbi i zdravstvenog sustava, tako da nitko ne bude isključen. Medicinske sestre mogu biti glas koji vodi, poboljšavanjem pristupa skrbi, omogućavanjem čovjeku usmjerenog pristupa zdravlju i osiguravanjem da se čuju njihovi glasovi u utjecaju na zdravstvenu politiku, planiranje i pružanje usluga.

People-centeredness means treating people, patients, their loved ones, carers and others with compassion, dignity and respect. It means involving them in decision-making about their health and their care. It means doing things 'with' people, not 'to' them. It means involving people in system design and in policy making. To deliver the people-centred health systems of tomorrow, we need to change how we provide care and how we measure health systems today."

—Angel Gurría, OECD
Secretary-General

You treat a disease: You win, you lose. You treat a person, I guarantee you win - no matter the outcomes.

Patch Adams

"Be the change you wish to see in the world."

Mahatma Gandhi

A strong nursing sector is the necessary building block of a strong health care sector. Nurses must be encouraged to take significant leadership roles in health policy, planning and provision.

C.K. Mishra

