



# EuroHeartCare 2015.

8<sup>th</sup>-9<sup>th</sup> May  
Dubrovnik, Croatia

Ana Ljubas



2015, Dubrovnik, Croatia



# Objectives



Guidelines: care to implement

EVIDENCE



CLINICAL PRACTICE



# Goals



Criteria for decision making and evaluation of nursing practice were developed In the second half of the last century



Modern nursing is constantly looking for ways to improve nursing practice

Big challenge for the nurses in the cardiology field



# How to reach the goal?



Education - a priority in the professional life of nurses

Research in Nursing – the best evidence is confirmed through practice

Professional associations - the definition and adoption of guidelines, sharing knowledge and experience

Professional meetings – the acquisition of new knowledge and exchange of experiences





# How to develop the role of nurses in the health care team?



## GOOD COMMUNICATION

An important factor in quality and efficient professional work of professionals within the health care team





# How to improve communication in the team?



Nurses will know how to:

Better engage in dialogue within the team

Ask questions

Adequately participate in treatment

Prepare the patient

Monitor symptoms to timely and adequately respond on signs of possible complications

Participate in the education of patients and their family members





One of the ways to acquire and exchange knowledge that will contribute to the standardization of nursing practice in EU countries is the organization and participation of nurses in professional meetings.







# Evidence



Confirm



**EuroHeartCare**

Annual Congress of the Council on  
Cardiovascular Nursing and Allied Professions

**Stavanger, Norway**

4-5 April 2014

[www.escardio.org/nursing](http://www.escardio.org/nursing)



from north to  
south of Europe



Dear Colleagues, we remind...

**EuroHeartCare 2014, Stavanger, Norway**  
**4-5 April 2014**

**EuroHeartCare 2015, Dubrovnik, Croatia**  
**8-9 May 2015**



# Topics



GUIDELINES: Care to implement

Challenges in congenital heart disease

Stress, cardiovascular disease and interventions

Psychological screening of cardiac patients

Genes and the Heart

Peripheral artery disease

Treatment of the elderly

Monitoring arrhythmias in the hospital: Are we getting it right?

Challenges in cardiac surgery

Health care in ethnic minorities and low income groups

Prevention of cardiovascular disease

Heart Failure

Wide range of professional topics will certainly create discussions.



## Host of EuroHeartCare 2015



### Croatian Association of Cardiology Nurses (CACN)

- Founded on June 12, 2006
- Independent association
- Partner of Croatian Cardiac Society [CCS]
- Today CACN has around 700 members
- Comprised of four working groups
  - Preventional cardiology
  - Invasive and interventional cardiology
  - Intensive cardiac care
  - Education



# CACN



The purpose of establishing CACN was to help nurses in training and exchange of experiences

The goal is to help CACN nurses achieve the highest excellence in nursing clinical practice

## Objectives:

- Collaboration with kindred associations and other professionals on education of nurses in Croatia

- Proposes educational programs for cardiology nurses to appropriate authorities in Croatia

- Advocates adoption of curriculum for nurses based on European model - CCNAP





# Professional activities



- We organized:

4 Congresses with international participation and around 300 participants

3 Symposiums on global issues in cardiology

5 Symposiums of Working Group for invasive and interventional cardiology

4 Symposiums of Working Group on Prevention

3 Symposiums on Arrhythmias

5th CACN Congress will be held  
from 06 - 09 November, of 2014. in Zagreb.

We invite you to participate in the  
Congress and be our dear guests!











# Our other activities



Partner of CCS and kindred associations in prevention of cardiovascular disease on national level and organization of “World Heart Day” related events on national level.

Risk factors screening



Promotion of physical activity





EuroHeartCare 2015 will support further development of  
Croatian Cardiac nursing

Croatian Cardiac nursing will enrich CCNAP





# About Dubrovnik

Dubrovnik is a historical city - a museum itself  
Since 1979, it is on the  
UNESCO list of World Heritage Sites



2015, Dubrovnik, Croatia

Domus Christi  
hospital

1347



**Lazarettos**  
the first quarantine  
in the world

1377



1317

established pharmacy in  
the Franciscan monastery

Established  
orphanage

1423

1416

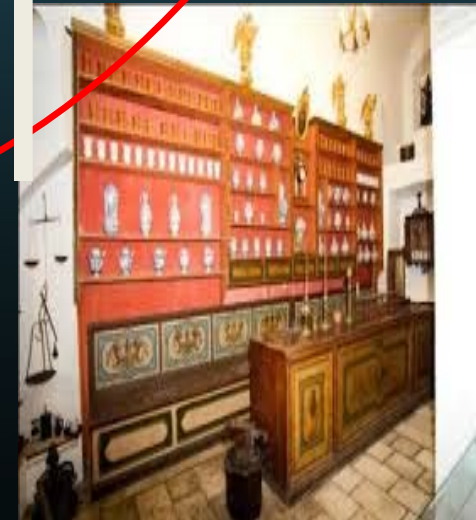
**First prohibition of  
slavery in Europe**

Built  
plumbing

1438

Hospital with  
permanent  
medical service

1540





# Why is Dubrovnik good choice?



*The forerunner of today's  
cardiovascular disease  
Prevention guidelines*



Recommendations of old Dubrovnik's  
residents:

Avoid worry and anger

The importance of walking and physical  
activity

Drink plenty of fluids

Drink less wine

Eat smaller meals - Mediterranean diet





We believe that you will be satisfied with the technical content of EuroHeartCare 2015 and enjoy the beauty of Dubrovnik

# EuroHeartCare





# Welcome to Dubrovnik



Visit us and enjoy the attractions  
and hospitality of our country.



**CROATIA**  
*Welcome to Croatia*